

The New Centurion



**Newsletter of
Bob Lankin
District Governor**



SERVICE Above Self

Holly Lankin - Editor

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Lynne Slott - Editor

District 7450

January 2006

Mid-Year Assembly/ Pre-PETS takes place January 21

The newly reconstituted Mid-Year Assembly, along with the second annual Pre-PETS will take place at the Delaware County Community College on Saturday morning January 21, 2006 at 7:30 AM for breakfast and registration. The meetings will begin at 8 AM and will conclude promptly at 12:30 PM.

The Mid-Year Assembly will present important ideas to Rotarians throughout the district. Every member is invited and there is no charge. We will be repeating the breakout idea for all of the various Rotary activities including Membership Development, Vocational service, Secretary/Treasurers, Current club Presidents, Rotary Foundation, Gundaker foundation, Community service, Youth, World Community Service, and Public Relations.

The Pre-PETS is chaired by Elizabeth Rhoads PAG, under the direction of District Governor Elect Marty Phillips. Presidents Elect will find the meeting to be a valuable addition to the training that they will be getting at the Mid-Atlantic Presidents Elect Training Seminar in March. Clubs that do not yet have a President Elect, should assign one member to attend the Pre-PETS. All of the other Rotarians should attend the Mid-Year Assembly.

Group Study Exchange Deadlines Extended

District Rotarians are urged to assist the Group Study Exchange Committee find applicants to participate in the exchange to Israel leaving on May 6 and in the exchange to Mexico leaving on April 15. The deadline has been extended until further notice but it is hoped that enough applicants could be located by January 15, 2006.

The once in a lifetime opportunity for young adults to participate in a 28 day goodwill mission should be publicized in your communities. Rotarians should discuss the opportunity with coworkers or employees. Articles should be submitted to local papers and on cable television shows.

Each trip includes a once a week experience to learn about how the members occupation is conducted in the visited country. Also included are visits to local places of interest, industry and government. Speeches are made to local Rotary clubs and both teams will participate in the district conference during the trip.

Every club is urged to recommend at least one applicant for one of the teams.

The New Centurion

Page #2

It's Not Too Late to Register High School Students for RYLA

The RYLA Conference at the Valley Forge Freedoms Foundation is now less than two months off and the District RYLA Committee is busy making preparations for a terrific weekend for dozens of local high school students. We have done such a great job supporting outside projects but we need more support for our own programs. RYLA teaches the leaders of our high school students about SERVICE above self, the four way test and about working together. It has been great having RYLA attendees around when starting Interact clubs.

The program in District 7450 is a weekend of learning, meeting and fun. Every club should sponsor at least two students for the conference.

Gundaker Scholarships looking for Applicants

Rotary clubs are reminded of the opportunity to get a scholarship for someone from their community through our Gundaker Foundation. Undergraduate Grants are available for Junior and Seniors in the 2006-07 school year. Graduate grants are also available.

Applications should be considered by the clubs and the best two submitted to the Gundaker Foundation by February 28, 2006. High grades and community service are considered important in the selection process. Close relatives of Rotarians will not be considered.

Applications may be found on line by visiting www.Rotary7450.org and clicking on the Gundaker Foundation. Scholarships are granted for amounts between \$1,000 and \$10,000. Financial need is only considered in determining the amount granted.

Further information may be obtained by speaking to Joseph Cymbor 215-757-2941 jcymbor@voicenet.com or with your Gundaker representative.

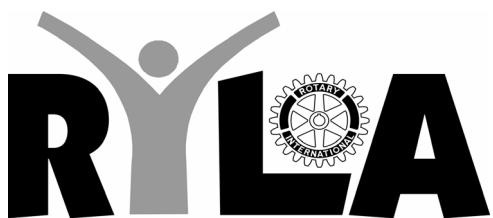
Governor Promotes the RLI with Special Initiative

The Rotary Leadership Institute is a valuable opportunity for newer Rotarians to learn about our many programs, activities and procedures. Members who attend all three sessions are needed to lead clubs in Rotary's second century. Accordingly, all clubs are urged to send 2-4 members to one of the sessions given at a nearby location this March.

In order to promote this initiative, I have sent four leadership certificates to each club President who is urged to present them to your newer members who you believe will be future leaders of your club. Your club is urged to award these four members a free RLI session. They can select a RLI session that is convenient to them. The schedule of local classes is found on the last page of this newsletter. To register, members should use a credit card and visit www.rotaryleadershipinstitute.org. Clubs should reimburse those members who actually attend the full session. I believe that the attendance of lots of members at the Rotary Leadership Institute will greatly benefit clubs, promote membership retention and provide qualified and effective leadership going forward.

The New Centurion

Page #3



**District 7450 RYLA Conference
February 24-26, 2006
Freedoms Foundation, Valley Forge, PA**

RYLA Registration Instructions & Related Notes for Clubs

- **STUDENT REGISTRATION**
 - Student Registration Form is available for download through the link to RYLA on the District web page at www.rotary7450.org
 - Registration form must be PRINTED so that it can be read easily
 - **Very important** to complete the bottom of the application with the contact information for the club's Rotarian who is responsible for RYLA
 - **Check MUST be mailed with registration form**
 - Make checks payable to Rotary District 7450
 - Mail the student registration form and registration fee of \$200 per person (\$185 per person if registering 3 or more from one club) to
 - Louise V. Burroughs
 - 342 West Brookhaven Road
 - Brookhaven, PA 19015
 - Registration deadline: **FEBRUARY 1, 2006**
 - No more than 5 from the same school
- **STUDENT MEDICAL INFORMATION FORM**
 - Student Medical Information Form is available for download through the link to RYLA on the District web page at www.rotary7450.org
 - Students must complete a form signed by their parent and their doctor and bring it with them to the Freedoms Foundation conference
- **STUDENT TRANSPORTATION:** The club should either provide transportation or make sure that the student has a way to get there (parents, their own car, etc.)
- **STUDENT PARTICIPATION:** Students MUST stay for the entire event, they CANNOT leave and come back during the weekend
- **ELIGIBILITY OF ROTARIANS' FAMILY MEMBERS:** Children and grandchildren of Rotarians ARE eligible to attend (one of the only Rotary programs where relatives are eligible)

All Clubs are Urged to Earn a 2005-06 Presidential Citation.

To qualify for a citation, your club complete the membership goal and one activity from four of the five categories listed in this brochure between 1 July 2005 and 1 April 2006.

Membership Goal (required)

Develop and implement a membership recruitment plan to achieve a net increase of one or more members by 1 April 2006.

Public Image

Participate in one activity recommended by the 2005-06 Public Image Task Force as indicated on the RI Web site. Conduct a club assembly/meeting and implement a plan to promote Rotary within the community. Receive significant media coverage of Rotary club events on at least two occasions. Place Rotary public service announcements in the newspaper, on the radio, and/or on television. Submit nominations to your district governor for consideration for the RI Public Relations Award.

Club Service

Ensure that every Rotarian in your club is personally invited to actively participate in club activities this year, whether it be serving on a project committee or taking responsibility for some aspect of club service. Recognize a Rotarian in your club who actively participates in the full range of club projects and programs with the Four Avenues of Service Citation for Individual Rotarians. Convene a meeting of the club leadership, including incoming officers, to discuss strategic goals for the next three to five years. Develop and initiate a new project in support of club service.

Vocational Service

Ask each member of your club to share information on Rotary International and on the club's activities with their places of

business and/or their professional associations. Dedicate at least two club meetings to discussing the enormous potential vocational service can offer for raising the quality of life and upholding the strong ethics and integrity exhibited by Rotarians. Conduct a literacy or education project internationally or in your community. Develop and initiate a new project in support of vocational service.

Community Service

Join together with another local organization to conduct a joint project in which club members contribute to planning and hands-on efforts. Conduct a water project in your community. Contact local media to publicize Rotary's role in the Global Polio Eradication Initiative. Develop and initiate a new project in support of community service that will be carried out by at least half your members.

International Service

Increase contributions to The Rotary Foundation Annual Programs Fund, with the goal of meeting or exceeding US\$100 per capita. Help the members of your club understand the internationality of Rotary by participating in an international exchange program such as Group Study Exchange, Rotary Friendship Exchange, or Youth Exchange. Conduct an international service project in support of water management and sanitation. Develop and initiate a new project in support of international service that will be carried out by at least half your members.

The New Centurion

Page #5

Youth Exchange Committee Needs Your Help

John Lotz, Chair of our District Youth Exchange committee is seeking help with next year's program and the balance of the current year's program.

For next year, clubs are urged to help find outbound students who are between 15 and 18 ½ years old by August (their departure month). So as long as the student isn't over 18 1/2 by Aug 2006 it is possible for him to be an exchange student this coming year. It is very popular for students to go immediately after their senior year of high school. They can have their college acceptance completed and request a deferral which is almost always granted once the college knows the student is going to be a Rotary Exchange Student. The student does have to attend high school where ever they choose to go. They still have to maintain good grades and actively participate. By going after the senior year it also eliminates the pressure of making sure credits transfer and graduating on time once they return, etc.

Financially for the student and family - there is about \$1000 in fees which includes an international health insurance policy and a liability policy, the family pays for all passport and visa expenses and also pays for a round trip open ended ticket to the students final destination.

The student will receive a monthly stipend from their host Rotary Club of about \$75 to

be used for expenses as the student sees fit. Host families provide room and board. Typically host families cover expenses related to family activities just as if the student was a family member. (i.e. - dad comes home says the family is going out to dinner, then family pays. student comes home from school and says he wants to hang out with friends and go to MickyD's, then student pays)

The student will have a Rotary Counselor from his host club who is his liaison for the year to assist with any issues which arise be it with a host family, school, etc. The student should expect to live with 2 - 3 host families during the year.

All that said, if the student is indeed interested we need to move quickly. We just held our 2nd set of District interviews and have 8 approved as outbounds for next year. We would love to and are willing to send other qualified students but our timeline is shrinking.

For this year, we are in desperate need of host clubs and host families. For this year clubs who are currently hosting, we need to find 2nd hosts for all the current inbound. For next year's 15 inbound students we have committed to, we need host families and host clubs. We do have 8-10 clubs who have sponsored outbound students, but not all of the outbound families are able to host.

The New Centurion

Page #6

Rotary Peace and Conflict Studies Program

Application deadline extended: The deadline for submission of district-endorsed applications to The Rotary Foundation has been extended to 1 February 2006.

As part of its ongoing effort to promote world peace and international understanding, Rotary International will establish a Rotary Center for Peace and Conflict Studies at [Chulalongkorn University](#) in Bangkok, Thailand. Beginning in July 2006, the new center at Chulalongkorn University will pilot the Rotary Peace and Conflict Studies program, a special three-month course in peace studies, conflict resolution and mediation training aimed at middle and upper-level managers in governments, non-governmental organizations, and private corporations.



Chulalongkorn University in Bangkok, Thailand.

The Rotary Peace and Conflict Studies program will accept 30 fellows per session with about one third of the openings reserved for students from outside of Thailand. Sessions will be held twice each year. Offered in English, the program will begin in July 2006 and will be evaluated after three years. The oldest university in Thailand, Chulalongkorn will draw upon its faculty's strength in international relations, political science and business management, as well as guest lecturers and outside experts to provide case studies and practical training.



Rotary clubs may nominate applicants to a selection committee of [The Rotary Foundation](#), which administers the Rotary Peace and Conflict Studies program and other popular educational initiatives of Rotary, the world's largest privately funded source of international, university-level scholarships. Each fellow's employer will be expected to cover the US\$5,000 cost of the three-month session, including tuition, room-and-board and educational materials. The Rotary Foundation will cover the expenses of roundtrip travel between the fellow's home and Bangkok.

Application forms and other program materials are available in the RI Web site's [Download Center](#). For more information, please contact BangkokPeaceStudies@rotaryintl.org.

Club President to go on NID Mission

Bon Voyage to Mary Ann Schrader, President of the Rotary Club of Bryn Mawr, who will be going to India to participate in a National Immunization program from January 6-18, 2006. We hope that Mary Ann has a successful journey and we look forward to seeing her photos and hearing about her experiences.

The New Centurion

Page #7

The Presidents-Elect Corner

by Marty Phillips, DGE

PLEASE SHOW THIS ARTICLE TO YOUR PRESIDENT-ELECT!

As we begin this New Year I hope you are *dreaming . . . dreaming* about being the most effective and successful President for your club that you can be. Make your dream vivid. See yourself fulfilling your dream. Then think about the specific things you need to do to make your dream a reality.

You know that your fellow Rotarians respect you and have confidence in you because they elected you to serve as their President. They also expect you to use all your abilities, while taking advantage of available resources, to lead them through a successful Rotary year.

Rotary International and District 7450 leaders have much knowledge and experience about what skills, techniques, and information will help to make you successful. They have designed several training opportunities to help you. Your participation in these events will help you avoid mistakes, delays, missed opportunities and frustration. Your participation will help you to prepare, and good preparation is the first step toward success.

So mark your calendar and plan to attend:

- ! **Pre-PETS – January 21, 2006, 7:30am to 12:30pm**
 at Delaware County Community College
 Meet your Governor and Assistant Governor
 Meet other Presidents from our District
 Prepare to get the most from PETS
 Share concerns
 Attendance strongly encouraged

 - ! **Multi-District PETS – March 24-25, 2006, Wilmington, Delaware**
 Learn the “Nuts and Bolts” of being President
 Meet Presidents from other Districts
 Get ideas and answers to questions
 Attendance required, unless personally excused for good cause by Governor-Elect and a substitute attends both days.

 - ! **District Assembly – May 3, 2006**
 Details later
 Bring your entire leadership team!
 Attendance required, unless personally excused for good cause by Governor-Elect.
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The New Centurion

Page #8

**DISTRICTS 7390 and 7450 WELCOMES
Carl-Wilhelm Stenhammer
Rotary International President**

Rotary Club of Harrisburg -- Dinner Host

When: Monday, March 6, 2006

Where: Harrisburg Hilton Hotel and Towers, Harrisburg, PA

Time: Reception with Cash Bar 5:30 pm to 7 pm

Crudités, Fruit and Cheese

Dinner and Meeting 7:00 pm to 9:00 pm

Mixed Field Greens Salad

Pan-Seared Breast of Chicken and

 Maryland Lump Crab Cake with Creole Mustard Sauce

Caramel Apple Granny Pie

Cost: \$50.00 per person

Return to Linda Freedenberg by February 20, 2006

With your check made payable to:

Rotary Club of Harrisburg

P.O. Box 11587

Harrisburg, PA 17108-1587

I/We will attend this Special Rotary Meeting on March 6, 2006

tickets @ \$50.00 ____ = \$ _____

Your cancelled check is your reservation.



SERVICE Above Self

Michigan Conference to Highlight Clean Water Thirsting to Serve 2006 Water Conference

RI President Carl-Wilhelm Stenhammar has asked us to establish clean water as a focal point for Rotary action. He has asked us to adopt the United Nations Millennium Development Goal -- which is to cut in half the number of people (1.1 billion) in the world without safe water. It is important that we give the tools to our clubs that help them meet this important challenge.

In response to the President's call, Rotary International District 6290 is hosting the **Second Conference on Clean Water** in Grand Rapids, Michigan, USA on Monday, February 27, 2006. The conference, "**Thirsting to Serve – Reaching the UN Millennium Development Goal**" is being held on the campus of Aquinas College. This conference builds on the momentum of our successful conference last February that was attended by 140 Rotarians from 16 Rotary Districts.

A panel of international water experts will be speaking at the Conference, including Ron Denham, General Coordinator of the 2004-05 Rotary International Water Resources Task Force. The speakers bring a wealth of knowledge and experiences to their presentations. We are sure that the conference will provide value to participants

and generate ideas to improve our water projects.

Additionally, attendees are invited to attend a **Fireside Chat** on Sunday evening, February 26 from 7 PM to 9 PM. This Sunday evening **Fireside Chat** will be held at the John Donnelly Conference Center of Aquinas College. It is located at 1607 Robinson Road S.E., Grand Rapids, MI. A campus map is available at www.aquinas.edu. The parking is free in the Woodward Avenue parking lot.

Conference accommodations are available at the Crowne Plaza at a reduced rate of USD79 through a link at the bottom of the registration web page. The registration and conference fee is USD50 per person. Please register for the conference and the Fireside Chat as soon as possible by going to www.thirstingtoserve.org.

As Ron Denham has said in the January 2005 Rotarian, "The important thing is not to be daunted by the immensity of the task. The reality is that Rotarians in their own way are having a huge impact on the water-deprived people of the world." We hope this conference will help take us to another level in our efforts.

A Note of Thanks

On behalf of all of the new Charter members of the Rotary Club of Glen Mills, I would like to express my sincere appreciation to all of the Rotary Clubs who supported our ad book and purchased gifts for our club in honor of our charter night. I would also like to thank all of the members who attended and made our celebration festive and meaningful.

I would also like to invite all of the district Rotarians to visit our club. We meet on Wednesdays at the New Seasons, on Baltimore Pike in Glen Mills at 7:15 AM. We will be having our official visit from the Governor on January 3, 2006.

Tony DiLeva, Charter President

The New Centurion

Page #10

Club Attendance Report
by Bob Gerhard III

Club Name	# Memb	July	Aug	Sep	Oct	Nov
Ardmore	95	75	59	62	0	73
Bala-Cynwyd-Narberth	11	64	0	0	0	0
Bensalem	32	65	65	67	68	68
Bristol	46	68	64	62	77	67
Broomall	0	0	0	0	0	0
Bryn Mawr	26	73	66	69	57	74
Central Chester City Lionville	0	0	0	0	0	0
Central Delco (formerly Media Sunrisers)	9	88	90	90	90	90
Cheltenham-Rockledge	24	66	62	64	57	0
Chester	29	59	0	0	0	0
Chester Pike	29	68	0	0	0	0
Chesterbrook	20	89	84	100	100	85
Chestnut Hill	0	0	0	0	0	0
Chichester	18	77	60	75	70	0
Coatesville	53	67	57	68	71	63
Concordville-Chadds Ford	52	0	65	71	0	0
Conshohocken-Plymouth Whitemarsh	0	0	0	0	0	0
Downingtown	27	64	73	58	56	57
Eastwick	13	62	58	69	0	73
Edge Hill	13	53	56	56	50	51
Elkins Park	0	0	0	0	0	0
Exton-Frazer	16	60	66	0	0	0
Feasterville	22	61	55	45	51	0
Frankford-Northeast Phila	42	46	0	45	48	51
Glen Mills	18	0	0	90	0	0
Glen Riddle	0	56	0	0	0	0
Glenside	47	65	68	70	0	0

Club Name	# Memb	July	Aug	Sep	Oct	Nov
Greater W. Chester Sunrise	48	0	0	0	71	77
Haverford Township	36	63	60	0	0	0
Jenkintown	74	74	47	50	0	0
Kennett at Longwood	58	0	0	0	82	70
Kennett Square	43	68	0	0	0	0
King of Prussia	28	44	53	58	0	0
Langhorne	29	60	46	70	51	69
Levittown-Fairless Hills	0	0	0	0	0	0
Media	0	0	0	0	0	0
Newtown Square	24	0	0	75	0	0
Northeast Sunrisers	24	62	0	0	65	70
Octorara	13	46	37	52	67	62
Oxford	12	40	45	61	0	56
Paoli-Malvern-Berwyn	30	44	0	0	61	57
Philadelphia	107	59	36	53	45	0
Phoenixville	39	54	47	60	56	59
Springfield	23	75	68	60	51	58
Swarthmore	10	85	83	82	0	0
Thorndale	11	65	62	73	79	90
Twin Valley	40	66	0	73	68	0
Upper Darby-Lansdowne	43	92	90	92	0	65
Wayne	25	66	61	57	0	90
West Chester	136	75	0	77	0	66
West Grove-Avondale	21	90	70	77	42	79
Westtown-Goshen	44	89	81	89	87	0

Please send your attendance to Bob Gerhard III by the 15th of the following month.

Governors Schedule – January and February

AG and committee chair Meeting – Concordville- Evening	January 3, 2006
Glen Mills Official Visit – Breakfast	January 4, 2006
Ardmore official Visit – Lunch	January 5, 2006
Gundaker Foundation – Dinner	January 9, 2006
Concordville-Chadds Ford Official visit - Lunch	January 11, 2006
Philadelphia Rotary special visit - Lunch	January 12, 2006
Meeting with Pres. Stenhammer – College Park Md.- Dinner	January 16, 2006
West Grove-Avondale official visit – Breakfast	January 19, 2006
Cheltenham Rockledge official visit – Lunch	January 19, 2006
Assistant Governor and committee chair meeting –NE High	January 19, 2006
Mid-Year Assembly – Pre-PETS – Morning	January 21, 2006
Governors Council Meeting – Lunch	January 21, 2006
World Community Service Committee meeting – dinner	January 23, 2006
Westtown-Goshen official visit – dinner	January 26, 2006
Governors Meeting Newburgh New York	January 27-28, 2006
Gundaker Foundation- Dinner	February 6, 2006
Raymond James Conference -	
2006	February 25-March 3,

Governor's Notes

Thank you to all of the 46 clubs which I have visited for a wonderful reception. This month, I will complete my official visit schedule with seven more visits. Hopefully, the weather will be kind and we won't have to postpone any of them...All clubs should have elected their 2006-07 officers by now...it is important that each club have a President Elect in place as the training begins this month...All clubs are requested to send in their attendance monthly to Robert Gerhard III for publication in the Governors newsletter and for filing with Rotary International by the 15th of each month....Thanks to all the clubs for sending in 100% of their District dues by early December. This is the earliest the dues were turned in in many years. Now if all the clubs would send in their January dues by February 15, 2006, as is required by the district resolutions, it would save me from spending a lot of time sending messages...Your Assistant Governor is ready to help your club. If you need help or haven't seen your Assistant Governor lately, why not call and schedule a visit?...Marty Phillips would be delighted to have your suggestions or volunteers for District committee appointments for 2006-07. Why not give him a call and volunteer?... Next month, I will be featuring club projects in the Governors Newsletter. Please shoot me out an e-mail with 2 or 3 sentences on your projects. Only a few clubs regularly send me newsletters... Now that I am about to finish my official visits, I would be pleased to visit clubs at special events, Rotaract and Interact clubs and I especially like to induct new members. Please send me an e-mail...If I don't have 3 or 4 Rotary meetings a week to go to, I will get arrested for vagrancy...It is time to make your Gundaker and Rotary Foundation contributions now. The work of Rotary depends, in a large part on the generosity of its members. The Vocational Service workshop mentioned in last month's newsletter has been cancelled by Joseph's People who couldn't get it together yet.

The New Centurion

Page #12



SERVICE Above Self

**Newsletter of DG Bob Lankin
Rotary District 7450
8207 Aspen Way
Elkins Park, PA 19027**

District 7450 Coming Events

January 21, 2006 (Saturday)	Mid-Year Assembly –Pre-PETS Delaware County Community College 7:30 AM Breakfast and Registration – Meetings 8 AM until 12:30 PM (Inclement weather date February 4)
February 24-26, 2006(Friday-Sunday)	RYLA Conference – Valley Forge Freedoms Foundation
March 4, 2006 (Saturday)	Rotary Leadership Institute – Newark Delaware
March 6, 2006 (Monday)	President Stenhammer Dinner – Harrisburg PA.
March 11, 2006 (Saturday)	Rotary Leadership Institute – Columbia Maryland
March 11, 2006 (Saturday)	Rotary Leadership Institute – Scranton PA
March 24-25, 2006 (Friday-Sunday)	Mid Atlantic PETS for club 2006-07 Presidents Wilmington Delaware
March 29, 2006 (Wed.)	Rotary Leadership Institute – Mt. Laurel NJ
April 8, 2006 (Saturday)	District Committee Training – for all District Committee members